

Glazed Spam® or Treet®

—Marie Jones

Ingredients:

- 1 cup of orange juice (use prepared frozen juice not Tang)
- 2-3 tbsp approx. brown sugar
- 1-2 tbsp approx. prepared mustard (optional)
- 1 can of Spam



Preparation:

Prepare sauce by mixing mustard (optional), brown sugar, and orange juice together.

Cut Spam into $\frac{1}{8}$ to $\frac{1}{4}$ " thick slices. Fry slices in frying pan over medium heat until lightly browned on both sides. Pour sauce over cooked Spam and simmer in pan for 10 minutes or until sauce thickens.

Alternate (way we do it): Remove from can; cut $\frac{1}{8}$ to $\frac{1}{4}$ " slits in Spam. Bake 350°-400°, until begins to brown. Pour sauce over cooked Spam and place back in oven leave until Spam almost begins to blacken around edges.

Serve with your choice of vegetables.

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